

ATELIER DE LA ROSE
www.french-rose.com

Walking holidays

Atelier de la Rose is unique in providing personally guided walking holidays on demand for individuals. Your stay can be extended to allow yourself more time for touring, either independently or with the guide.

Sample programme : 6 days (6 nights)

Difficulty - average (overall). Day 5 - Albas - difficult.

Day 1:

Arrival from 14.00 onwards. Tour of the village of Montcabrier, followed by short walk (4.5 kms; 2.8 miles) in the woodland surrounding the village (if time allows). Dinner at Atelier de la Rose.

Day 2:

Transfer by car to Puy l'Evêque. Tour on foot of the medieval quarter. Lunch at a restaurant in Puy l'Evêque. Walk to Martignac (4kms; 2.5 miles). Short visit of church. Return itinerary is on mainly different paths (10 kms; 6.2 miles). Possibility of shortening this section. Dinner at Atelier de la Rose.

Day 3:

Transfer to by car to St. Martin-le-Redon. Walk to Bonaguil Castle with a short detour to look at a mysterious medieval tower (5 kms; 3 miles). Picnic followed by guided tour of the castle. Return to Montcabrier by different paths (10 kms; 6.2 miles). Dinner at a restaurant in a nearby village.

Day 4:

Transfer by car to Frayssinet for a walk that takes in three villages in a loop (13 kms; 8 miles). Lunch at the restaurant of one of the villages on the way. Return to Montcabrier. Dinner at Atelier de la Rose.

Day 5:

Visit to farmers' market. Transfer by car to Albas for a 10 kms (6.2 miles) walk. Picnic. Possibility of a visit to a vineyard. Return to Montcabrier. Dinner at a restaurant in a nearby village.

Day 6:

A full day of touring by car, visiting the paleolithic cave at Pech Merle and the village of St. Cirq Lapopie. Lunch at a restaurant in St. Cirq Lapopie. Return to Montcabrier for dinner.

Day 7:

Leave after breakfast.

*The programme may be modified to suit weather conditions,
to take advantage of the best farmers' market of the week.*

This is a sample programme and does not reflect all the possibilities available.

Tariff for 2019

€ 635 per person (couple in one double-bedded room)

€ 755 per person (2 people in two double-bedded rooms)

€ 1,030 for a single individual (please consult us for the cost if you are a single person making up a group of 3).

What is included

Accommodation at Atelier de la Rose for 6 nights - the guest wing is booked exclusively for you.

6 continental breakfasts.

all meals during your stay: at restaurants, at Atelier de la Rose or picnics.

guided walks.

transfers by car for certain walks.

transfers from/to Bergerac airport or from/to train station (Gourdon, Cahors, Agen, Monsempron-Libos)

entry charges to sites.

What is not included

Cost of travel to S.W. France.

Transfer from airports or French railway stations other than those listed above.

Drinks.