

ATELIER DE LA ROSE
www.french-rose.com

Walking holidays :
programme & tariff for 2010

Atelier de la Rose is unique in providing personally guided walking holidays on demand for individuals. Your stay can be extended to allow yourself more time for touring, either independently or with the guide.

4 days (3 nights)

Difficulty – easy, with one short, difficult passage.

Day 1:

Arrival from 14.00 onwards. Tour of the village of Montcabrier, followed by short walk (4.5 kms; 2.8 miles) in the woodland surrounding the village (if time allows). Dinner at Atelier de la Rose.

Day 2:

Transfer by car to Caillac for a 8.5 km (5.3 miles) walk that takes in some of the castles and vineyards of the Lot Valley. Lunch in the Caillac restaurant. Possibility of a second walk in the afternoon or a visit to a vineyard. Dinner at Atelier de la Rose.

Day 3:

Walk from Montcabrier to Bonaguil Castle (8kms; 5 miles). Picnic at Bonaguil followed by a guided tour of the castle. Return to Montcabrier by a different route (10 kms; 6.2 miles). Possibility of shortening both walks. Dinner at a restaurant in a neighbouring village.

Day 4:

Leave after breakfast.

The programme may be modified to suit weather conditions.

Cost

€ 220 per person (couple in one double-bedded room)

€ 265 per person (2 people in two double-bedded rooms)

€ 350 for a single individual.

What is included

B & B accommodation at Atelier de la Rose for 4 days (3 nights)

3 continental breakfasts

guided walks

transfers by car for certain walks

entry charges to sites

What is not included

All meals (except breakfasts): at restaurants, at Atelier de la Rose or picnic.

Transfer from/to Bergerac airport or French railway stations (see "Access" page).

Drinks.